



In Honor of Our Beloved Teacher

Light taught Ayurveda with passion and love. What more perfect way to honor her life (she died the spring of 2018) than to undertake Panchakarma, the ultimate purification therapy of Ayurveda.

Mary Bradford and Susan Etheridge, two of Light's longtime students, invite you to join them for a classic 21-day Panchakarma at Vaidygrama Healing Village near Coimbatore, India.

This trip is dedicated to Light and all sincere students of Ayurveda. This is an offering from the heart and neither Mary nor Susan are charging any fee for their services. In remembrance of Light, any funds remaining will be donated to the Punarnava Trust to help pay for the construction of a home for girls.

For more information contact:

Mary Bradford at mary@pranarasa.com or 850-322-0063 or

Susan Etheridge at susan@alternativehealthlaw.com or 813-444-3033

JYOTI "LIGHT" MILLER MEMORIAL PANCHAKARMA





VAIDYAGRAMA HEALING VILLAGE

August 3 – August 25, 2020

Panchakarma is the most sophisticated purification and rejuvenation therapy of Ayurveda. Developed and refined over several thousand years, the purpose of Panchakarma is to restore balance to the body, mind and spirit. As disease begins in the mind and then the digestive tract, it travels into bodily channels and then into the tissues. Panchakarma treatments are individualized and designed to roll back this process resulting in health, clarity and longevity.

Vaidyagrama offers authentic Ayurvedic treatment in an extraordinary setting. For more information regarding Vaidyagrama, visit www.vaidyagrama.com.

Cost: \$2,750

DEADLINE TO REGISTER: May 4, 2020

(1/2 due May 4, 2020)

Remainder due by July 27, 2020

Limited space is available. Register early to reserve your spot.



What is included:

Food, private lodging, treatments, consultations with doctors, medicines and transfers to and from Coimbatore airport and Vaidyagrama.

Not included are roundtrip transportation between your home and the Coimbatore airport, Indian visa (required), additional medicines you take home to continue your healing, souvenirs, gifts, or gratuities.

Please note that early arrivals and late departures will result in additional charges payable to Vaidyagrama.

